



# Motivation Podcasts and Books

## Podcasts

Motivating Professionals

<http://www.podcastdirectory.com/podshows/465735>

Interview with Kenan Sahin - Aug. 8, 2005. Sahin talks about the challenges of managing and motivating people in innovative organizations.

<http://www.boston.com/business/bizcasts/archives/>

Guidelines for successful communication

<http://archive->

[c01m01.libsyn.com/podcasts/31046eb925497e9bc4d5f734b9d30922/45d81849/leehopkins/bcr\\_2005-04-05.mp3n.com/](http://archive-c01m01.libsyn.com/podcasts/31046eb925497e9bc4d5f734b9d30922/45d81849/leehopkins/bcr_2005-04-05.mp3n.com/)

## E-Booklet

Free E-Booklet containing Four articles on Active Listening

[www.mindtools.com/commskill/mind%20Tools%20Listening.pdf](http://www.mindtools.com/commskill/mind%20Tools%20Listening.pdf)

## Tutorial

The Essentials of Compassionate Communication

[www.listeningway.com/cctutorial-1.html](http://www.listeningway.com/cctutorial-1.html)

How to Attract, Keep and Motivate Today's Workforce

<http://www.businessknowhpw.com/manage/attractworkforce.htm>

**Fear or Opportunity: What Motivates Employees?**

[www.nfib.com/object/IO\\_25099.html](http://www.nfib.com/object/IO_25099.html)

## Books

Adair, John (2003) *The Inspirational Leader: How to motivate, Encourage & Achieve Success*, Kogan Page.

Clegg, Brian (2000) *Instant Motivation*, Kogan Page.



Coombes, Frances (2003) *Motivator: Be Your Best... And Beyond*, Hodder & Stoughton.

Denny, Richard (2002) *Motivate to Win: How to Motivate Yourself and Others*, Kogan Page.

Eggert, Max (1999) *The Motivation Pocketbook*, Management Pocketbooks