



Reflexion Coaching for Leading Change

It can be isolating at the top!

Needing to have a clear vision and all of the answers, combined with a lack of feedback and challenges around resources can be real derailers for leaders.

Typically we work with clients for a minimum of three sessions depending on the context, working with the individual and/or team in complete confidentiality on issues that are critical and impactful for the individual and organisation.

Our preference is for face to face coaching, but we will also combine telephone and face to face coaching to suit the clients schedule and requirements